



TIPS & TRICKS FOR SAVING ENERGY



- Buy energy-saving appliances, avoid leaving equipment in standby mode and unplug devices when not in use – including the washing machine!
- Do not leave chargers plugged into sockets
- Use energy-saving programs on the dishwasher and washing machine
- Avoid unnecessary washing of clothes and dishes
- Dry washing outside in the fresh air rather than in the tumble dryer
- Check energy-intensive appliances such as toasters, ovens, deep fryers etc. and limit their use or buy newer models

MEASURES WITH ENERGY-SAVING POTENTIAL



Often, just small changes to behaviour can make an astonishing difference. For example, your house or flat can stay cosy and warm without heating costs going through the roof – a 1-degree reduction in heated areas can generate a saving of up to 6%.

- Lower room temperature (1-degree reduction generates an approx. 6% saving)
- Opening windows fully for a few minutes instead of leaving them in the tilted position (saving of up to 20% possible)
- Before starting to use the heating again, bleed the radiators – tenants can contact the dedicated technicians for help with this (saving of approx. 2% possible).
- Radiators should not be covered or obstructed with curtains or furniture, floors with underfloor heating should not be covered with thick rugs or carpets (saving of up to 15 % possible).
- Only use hot water if necessary
- Keep radiators running even when you are away to ensure rooms reach at least 17° C

RECOMMENDED VALUES



- Living areas approx. 20 - 21 degrees
- Sleeping areas approx. 18 degrees

Fully airing the room by opening the windows wide for a few minutes several times a day is vital. In all rooms the temperature should be at least 17 degrees to avoid signs of damp appearing.